BUDGET OF WORK IN HEALTH 2

1ST- 4TH GRADING

***FIRST GRADING***

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| OBJECTIVES | NUMBER OF DAYS | |
| Target | Actual |
| 1. Accept individual differences and similarities.  2. Demonstrate skills in adapting to a new environment and relating to others to create sense of belonging.  3. Recognize that situations are appropriate or inappropriate for children.  4. Display helping attitude for the differently- abled and mentally- challenged individuals.  5. Express feelings in appropriate ways.  6. Demonstrate respect for the feelings of others. | 1  1  1  1  1  1 |  |

***SECOND GRADING***

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| OBJECTIVES | NUMBER OF DAYS | |
| Target | Actual |
| 1. Explain the relationship between germs and illness.  2. Recognizes that illness can affect a child’s growth and development.  3. Discuss basic information on common childhood diseases like mumps, measles, chicken pox, primary complex.  4. Discuss the likelihood of catching diseases when one lacks sleep, rest, exercises and is undernourished.  5. Analyze the importance of immunization in protecting oneself from communicable diseases.  6. Demonstrate measures to control and prevent common childhood diseases. | 1  1  1  1  1  1 |  |

***THIRD GRADING***

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| OBJECTIVES | NUMBER OF DAYS | |
| Target | Actual |
| 1. Identify foods that are sources of food-borne diseases.  2. Identify the signs and symptoms of food- borne diseases.  3. Practice good health habits to prevent and control food-borne diseases.  4. Explain the nature of parasitic infection---Pediculosis.  5. Explain the nature of parasitic infections.  6. Practice personal hygiene to prevent and control parasitic infections.  7. Practice cleanliness of the surroundings to prevent and control parasitic infections.  8. Practice self-monitoring skills to prevent food-borne diseases and parasitic infections. | 1  1  1  1  1  1  1  1 |  |

***FOURTH GRADING***

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| OBJECTIVES | NUMBER OF DAYS | |
| Target | Actual |
| 1. Identify home hazards such as household products that are harmful if touched, ingested or inhaled especially electrical appliances.  2. Recognize warning labels that identify harmful items and substances.  3. Explain rules for the safe use of household chemicals.  4. Follow safety rules at home to avoid accidents.  5. Identifies safe and unsafe practices and conditions in the school.  6. Practices safety rules in school to avoid injuries. | 1  1  1  1  1  1 |  |